

Germantown High School Sprint Invitational

DATE: October 7, 2023

LOCATION: Germantown High School
W180N11501 River Ln
Germantown WI 53022
Phone: 262-253-3400

SCHEDULE: Swimming: Coaches Meeting: 8:00 a.m. - 8:15 a.m.
Warm-ups: 8:15 a.m. - 9:05 a.m.
Timed Finals: 9:15 am

TEAMS: Germantown, Grafton, Menomonee Falls-Hamilton; Hartford, Nicolet, Shorewood and Waukesha South

ENTRIES:

1. Team entries - 28 total entries, no limit per event
2. One entry in each relay event.
3. Swimmers can enter no more than 2 individual events. Swimmers can enter no more than 3 relay events.
4. Entries are due by Tuesday, October 3, 2023 by 6:00pm. Submit entries to loribruss1@gmail.com

Events:

1. 200 Medley Relay- (8 swimmers each swim a 25)	7. 200 Free Relay
2. 200 Free	8. 100 IM
3. 200 IM	9. 50 Back
4. 50 Free	10. 50 Breast
Break	11. 400 Free Relay (8 swimmers each swimming a 50)
5. 50 Fly	
6. 100 Free	

Your entries may be submitted by either one of two ways:

- If you have Hy-Tek meet or team management software, submit a Commlink file of your entry to the meet manager (via e-mail to loribruss1@gmail.com). Preferred.
- Type your entry into the form included with this Word document and return it to the meet manager via e-mail to loribruss1@gmail.com

ENTRY FEE: \$150 payable to Germantown High School

AWARDS: Team Plaque to winning team
Individual and relay medals 1st-6th and relay medals for 1st - 3rd place.

SCORING: Sixteen place scoring will be used.

OTHER:

1. Colorado timing system with touch pads, backup buttons, single lane digital scoreboard and automatic starting will be used.
2. Hy-Tek computer meet management software will be used with results available for coaches immediately following the meet.

Meet Manager: Cindy Collins

We look forward to seeing you at the Germantown Sprint Invite. If you have questions or suggestions, please contact Lori Bruss, Meet Manager - Cell (call or text) - (414) 305-4304 or by email loribruss1@gmail.com

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School: _____ Head Coach: _____ Telephone: _____
 Captains: _____ (Work) _____
 _____ Asst. Coach: _____ e-mail: _____

NAME	GR	200 Free 2	200IM 3	50 Free 4	50 Fly 5	100 Free 6	100 IM 8	50 Back 9	50 Brst 10	Totals	
1.											
2.											
3.											
4.											
5.											
6.											
7.											
8.											
9.											
10.											
12.											
13.											
14.											
15.											
16.											
17.											
18.											
19.											
20.											
21.											
22.											
23.											
24.											
Totals per event											

Relays	"A" Seed Time
Event 2 – 200 Medley Relay	
Event 9 – 200 Free Relay	
Event 12 – 400 Free Relay (8 total swimmers)	

INSTRUCTIONS:

- Place seed times in the correct blank for each event. ***PLEASE TOTAL THE NUMBER IN EACH COLUMN AND ROW.***
- Times need to be accurate to the 100th of a second (as per WIAA rules).
- Don't forget the grade**
- Individuals may enter a maximum of two individuals with four events total. Teams may enter 28 individual entries and 1 relay for each relay event.
- Relay names will be provided at coaches meeting.
- Be neat and clear. This is the form used for spelling and seed times.**